



Oklahoma Arts Institute Permanent Office:

105 N. Hudson, Suite 101  
Oklahoma City, OK 73102

405-319-9019 phone  
405-319-9099 fax

[www.okartinst.org](http://www.okartinst.org) web-site  
[okarts@okartinst.org](mailto:okarts@okartinst.org) e-mail



## Schedule

### Oklahoma Fall Arts Institute

**Telling Tales:  
A Writers Retreat  
October 18-21, 2001**

**Quartz Mountain Arts and Conference Center  
Lone Wolf, Oklahoma**

*Oklahoma Fall Arts Institutes*

*at*

*Quartz Mountain Arts  
and Conference Center*

*About the Oklahoma Fall Arts Institutes & Quartz Mountain Arts and Conference Center.....3*

*Getting Around Quartz Mountain.....5*

*Map of Quartz Mountain.....6*

*Evening Happenings.....7*

*Daily Schedules.....9*

*The Faculty of the Fall Arts Institutes..... 12*

*Menus..... 16*

*Features of Quartz Mountain..... 17*

# About the Oklahoma Fall Arts Institutes & Quartz Mountain Arts and Conference Center

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## Oklahoma Fall Arts Institutes

The Oklahoma Fall Arts Institutes offer a creative retreat – an opportunity to renew the spirit, rejuvenate creativity, and expand personal horizons. Adult artists and educators from across the state and the country are invited to participate in four-day weekend workshops taught by master artists in the areas of choral music, ballroom dance, theatre, visual arts, photography and writing. Through the Oklahoma State Department of Education and the Oklahoma Regents for Higher Education with matching funds from private donors, Oklahoma public school teachers and higher education faculty are eligible for scholarships to attend the program. Teachers receive staff development points for participating in the workshops. Classes are open to adults with abilities ranging from beginner to advanced. All participants may receive college credit for attending the Fall Arts Institutes through the University of Oklahoma. Participants are admitted on a first come, first serve basis. The Oklahoma Fall Arts Institutes fill a vital need in Oklahoma, providing continuing education for Oklahoma educators and community artists and thereby positively impacting the lives of countless people statewide.

## A Public/Private Partnership

The Oklahoma Arts Institute and Quartz Mountain Arts and Conference Center are the results of a successful partnership between the public and private sectors. The Arts Institute is supported by contributions and grants from individuals, corporations, foundations, and government agencies. The Institute's public partners include the Oklahoma Arts Council, Oklahoma Tourism and Recreation Department, Oklahoma State Department of Education, Oklahoma Regents for Higher Education and Oklahoma Department of Transportation.

## Quartz Mountain Art Collection

The Quartz Mountain Art Collection embodies the commitment to excellence in the arts that has become a hallmark of the Oklahoma Arts Institute. Created by faculty artists and students of the Institute, the Collection holdings include approximately 300 works in the media of photography, drawing, painting, and sculpture. Owned by the Oklahoma Arts Institute, a large portion of the Collection is on permanent loan to the State of Oklahoma for exhibit in the Quartz Mountain Arts and Conference Center in Lone Wolf, OK. Other Collection holdings are on view at the Institute's office in Oklahoma City. OFAI 2001 painter and water color instructor Don Nice is among the artists whose work is featured in the Collection.

## Quartz Mountain Arts and Conference Center

The metaphor of the mountain has been used by many cultures to identify excellence. For the Oklahoma Arts Institute, the mountain is a symbol of excellence in the arts. This summer we celebrated our return to Quartz Mountain and the opening of the new Arts and Conference Center. Designed specifically as a center for the arts, the new complex includes five studio arts pavilions, an outdoor amphitheater, hiking and biking trails and the Twin Peaks Performance Hall, a 700-seat hall of award-winning design.

# Getting Around Quartz Mountain

## Main Office

At Quartz Mountain Lodge, the main office of the Oklahoma Fall Arts Institute program is located in the Delaware Room off of the loggia walkway. Guest registration and information, and faculty and staff mailboxes are located there. The office is open from 8:00 a.m. to 7:00 p.m. daily. For public relations inquiries, contact the main office at 580-563-3002 and ask to be connected to the PR office.

## Class Locations

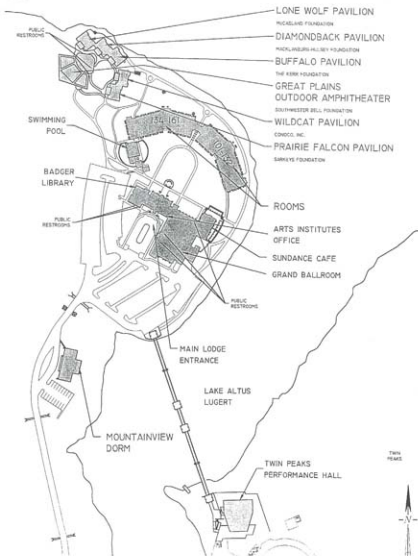
*Writing for Children*  
*Family Memoirs*  
*Writing from the Earth*  
*Travel Journalism*  
*Playwrighting*  
*Poetry*

*Prairie Falcon Pavilion*  
*Wildcat Pavilion*  
*Buffalo Pavilion*  
*Diamondback Pavilion*  
*Lone Wolf Pavilion*  
*Beverly Badger Memorial Library*

## Trading Post

Oklahoma Arts Institute merchandise can be purchased in the Quartz Mountain Arts and Conference Center Trading Post, which is located in the lodge lobby. Trading Post hours are 10:00 a.m. - 2:30 p.m., and from 4:30 p.m. - 7:00 p.m. Faculty publications are for sale in the Institute on-site office.

# Map of Quartz Mountain



# Evening Happenings

## Meet the Artists Ballroom

Thursday, October 18

7:30 p.m.

Linda Watanabe McFerrin  
(Travel Journalism)

8:30 p.m.

Kim Doner (Writing For Children)

Friday, October 19

7:30 p.m.

Edward Hirsch (Poetry)

8:30 p.m.

Laura Shamas (Playwriting)

Saturday, October 20

7:30 p.m.

Mary Sojourner (Memoirs of Family)

8:30 p.m.

Kim Stafford (Writing from the Earth)

*thursday, october 18*

7:00 - 8:45 a.m.	Faculty/Staff Breakfast - Sundance Cafe
9:00 a.m.	Faculty Orientation - Room 118-120
11:00 a.m.	Participant Registration - Ballroom Lobby
11:30 - 1:00 p.m.	Faculty/Staff Lunch - Sundance Cafe
1:00 p.m.	Participant Orientation - Ballroom
2:00 - 5:00 p.m.	Classes
5:30 - 7:00 p.m.	Dinner - Sundance Cafe
7:30 - 8:15 p.m.	Meet the Artist - Ballroom Linda Watanabe McFerrin (Travel Journalism)
8:30 - 9:15 p.m.	Meet the Artist- Ballroom Kim Doner (Writing For Children)

*friday, october 19*

7:00 - 9:00 a.m.	Breakfast - Sundance Cafe
9:00 - 12:00 noon	Classes
12:00 - 1:30 p.m.	Lunch - Sundance Cafe
1:30 - 4:30 p.m.	Classes
4:30 p.m.	Teacher's Meeting - "Tea on the Terrace"
5:30 - 7:00 p.m.	Dinner - Sundance Cafe
7:30 - 8:15 p.m.	Meet the Artist - Ballroom Edward Hirsch (Poetry)
8:30 - 9:15 p.m.	Meet the Artist- Ballroom Laura Shamas (Playwrighting)

# Daily Schedule

*saturday, october 20*

7:00 - 9:00 a.m.	Breakfast - Sundance Cafe
9:00 - 12:00 noon	Classes
12:00 - 1:30 p.m.	Lunch - Sundance Cafe
1:30 - 4:30 p.m.	Classes
5:30 - 7:00 p.m.	Dinner - Sundance Cafe
7:30 - 8:15 p.m.	Meet the Artist- Ballroom Mary Sojourner (Memoirs of Family)
8:30 - 9:15 p.m.	Meet the Artist- Ballroom Kim Stafford (Writing from the Earth)

*sunday, october 21*

7:00 - 9:00 a.m.	Breakfast- Sundance Cafe
9:00 - 12:00 noon	Classes
12:00 - 1:30 p.m.	Participant Check-Out



## Poetry

### Edward Hirsch, Houston, Texas

Edward Hirsch was born in Chicago in 1950 and educated at Grinnell College and the University of Pennsylvania. His first book of poems, *For the Sleepwalkers* (1981), received the Lavan Younger Poets Award from the Academy of American Poets and the Delmore Schwartz Memorial Award from New York University. His second book of poems, *Wild Gratitude* (1986), received the National Book Critics Circle Award. His third, *The Night Parade* (1989), and his fourth, *Earthly Measures* (1994), were both listed as notable books of the year by the *New York Times Book Review*. He writes frequently for leading magazines and periodicals – among them *American Poetry Review*, *DoubleTake*, where he is editorial advisor in poetry, and *The Paris Review* –

and he has received a National Endowment for the Arts Fellowship, an Ingram Merrill Award, a Guggenheim Fellowship, and the Rome Prize from the American Academy and Institute of Arts and Letters. Hirsch has also published two books of prose, *Responsive Reading* (1999) and *How to Read a Poem and Fall in Love with Poetry* (1999). He teaches at the University of Houston.

### Memoirs of Family Instructor, Mary Sojourner, Flag- staff, Arizona

Mary Sojourner, novelist, essaying for *Writers on the Range*, commentator for National Public Radio, author of the short story collection *Delicate*, and the essay collection, *Bone Light: ruin and grace in the New Southwest* (University of Nevada Press, Spring 2002), knows she lives in the home of the greater family – country where light burns deep in fleshy rock, glitters maniac in rapids of high desert rivers, bounces fierce and dangerous off the windows of a pickup howling north on a dead-hot Mojave highway.



### Kim Doner Writing for Children

As a children's author, Kim Doner celebrates the many forms of story found in our lives. After illustrating four children's books, including the award-winning *Green Snake Ceremony*, Doner discovered she loved words as well as pictures and moved into writing. *Buffalo Dreams*, her first book written and illustrated, was named *ForeWord Magazine's Best Children's Book* and awarded *Best Book Interior* by *Bookbuilders West*.

### Darleen Bailey Beard Writing for Children

Darleen Bailey Beard is an acclaimed author of both children's books and chapter books. In addition to her writing career, Bailey Beard is an accomplished educator, having taught students of all ages – from elementary school children to adults – in a variety of workshops designed to inspire imaginations and unblock the writing process.







**Kim Stafford**  
**Writing from the Earth**

Kim Stafford grew up in Oregon, Iowa, Indiana, California, and Alaska, where he followed his parents as they taught and traveled through the west. He has taught at Lewis & Clark College in Portland, Oregon since 1979, where he directs the Northwest Writing Institute, and teaches courses in ethnographic and environmental writing. His publications include *A Thousand Friends of Rain: New & Selected Poems* (Carnegie Mellon Press, 1999), and *Having Everything Right: Essays of Place* (Confluence Press, 1986; Viking Penguin,

1987; rep. Sasquatch Books, 1996). He holds a Ph.D. in medieval literature from the University of Oregon, and lives in Portland with his wife and children.

**Linda Watanabe McFerrin,**  
**San Francisco, California**  
**Travel Journalism**

Linda Watanabe McFerrin, M.A., started traveling at the age of two when her parents moved from California to South Dakota. Decades later she's still traveling, only these days her destinations span the globe. A contributor to numerous journals, newspapers, magazines, anthologies and online publications including the *San Francisco Examiner*, *Modern Bride*, *Travelers' Tales*, *Salon.com* and *Women.com*, her work has also appeared in *Wild Places* and *American Fiction*, and she is a winner of the Katherine Anne Porter Prize for Fiction. The author of two poetry collections; the critically acclaimed novel, *Namako: Sea Cucumber* and an award-winning collection of short stories, *The Hand of Buddha*, Linda is also the editor of the 4th edition of *Best Places in Northern California* and contributor and co-publisher of *Wild Writing Women: Stories of World Travel*.



**Playwriting in the 21st Century**  
**Laura Shamas,**  
**Pacific Palisades, California**

Playwright and author Laura Shamas has been working in the theatre for 23 years. With over 300 productions of her twenty-two plays, she has won numerous honors, including: a Drama-Logue Award, the Marquee Award, a Robby Award, the Warner Brothers Award, and the Edinburgh Fringe First Award for Outstanding New

Drama. She teaches in the Creative Writing Division/Communications at Pepperdine University and at the University of Southern California's School of Theatre. She is currently a Ph.D. candidate in Mythological Studies with Emphasis in Depth Psychology. She is the Creator/Editor of the monthly e-zine [www.headlinemuse.com](http://www.headlinemuse.com), and has also worked in film, journalism, pop culture biography, and non-fiction. She was born in Stillwater.

**Thursday, October 4****Dinner**

Salad Bar  
 Beef, Chicken, or Vegetable Fajita  
 Red Beans and Rice

**From the Grill:**

Vegetable Kabobs

**Friday, October 5****Breakfast**

Fruits, Muffins, and  
 Assorted Cold and Hot Cereals  
 Biscuits and Sausage with Gravy

**Lunch**

Salad Bar  
 Southwest Chicken Vegetable Soup  
 Cream of Broccoli Soup  
 Three Bean Vegetable Chili  
 Baked Potato Bar

**Dinner**

Salad Bar  
 Smoked Brisket Beef  
 BBQ Chicken  
 Green Beans Almandine  
 Brown Rice

**From the Grill:**

Grilled Vegetable Burgers

*Assorted fruit cobblers with vanilla sauce or rice pudding  
 will be served as desserts with lunch and dinner.*

**For Sale at the Bar**

Fruit Smoothies Cappuccino and Espresso  
 Misc. Health Drinks and Bottled Water

**Saturday, October 6****Breakfast**

Fruits, Muffins, and  
 Assorted Cold and Hot Cereals  
 Scrambled Eggs  
 Breakfast Potatoes

**Lunch**

Salad Bar  
 Deli Sandwiches

**Dinner**

Salad Bar  
 Lasagna with Meat and  
 Three Cheeses  
 Penne Pasta with Meat Sauce  
 or Tomato Sauce  
 Baked Potatoes  
 Sautéed Squash and Zucchini  
 with Mushrooms and Onions

**From the Grill:**

Grilled Portobello Mushrooms  
 with Roasted Roma Tomatoes  
 and Red Onion  
 Spicy Italian Sausage

**Sunday, October 7****Breakfast**

Fruits, Muffins, and  
 Assorted Hot and Cold Cereals  
 Omelets and Waffles  
 Bacon Made to Order

# Features of Quartz Mountain

**History**

Spain and France traded the Quartz Mountain area back and forth from times of early Spanish and French exploration until the final sale of the territory to the United States via the Louisiana Purchase in 1803. The Quartz Mountain area was occupied by the Kiowa, Kiowa-Apache, Comanche, Cheyenne-Arapahoe, and Wichita-Caddo, and others until the late 1880s. Although the United States Army was charged with regulating the territory and a treaty was issued prohibiting mining, gold was discovered in 1887, and the area was besieged by prospectors. The military finally regained command of the area and, for the most part, prevented further destruction of the Indian ranches and fields. In 1901 the land was opened to white settlement; and again the gold fever returned, although by 1904 the rush was over.

In the mid-1900's the Quartz Mountain area experienced a boom in the form of a resort and recreation facility. Development of the park was started by the Civilian Construction Corp (CCC), and in 1937-38 the National Park Service officially transferred Quartz Mountain, along with seven other parks, to the State of Oklahoma.

The City of Altus completed construction of the Lugert Dam in 1927 as a municipal water supply. The Rivers and Harbors Act of 1938 authorized construction of Lugert-Altus Flood Control and Reclamation Reservoir on the North Fork of the Red River. The project was officially named the W.C. Austin project. Lake Altus is the primary storage unit for the W.C. Austin Project, designed to provide water for irrigation of approximately 48,000 acres of privately-owned farm land in southwestern Oklahoma.

**Archaeology**

As listed by the Oklahoma Archaeological Survey, Quartz Mountain State Park lies on the borderline between Ecological Region #1 and #4 which is in the shortgrass plains and mixed grass prairie of the Washita, Canadian and upper Red River basin area.

A 10,000 year-old camp and 9,000 year-old bison-kill have been briefly studied in Jackson County, an adjacent county to the park lands. The Cooperton Site, studied by archaeologists in Kiowa County, has identified woolly mammoth kills by Paleo-Indian hunters between 11,200 and perhaps 20,000 years ago. This site comprises the earliest known evidence of people in this state.

Since 1975 many Region #4 sites have been discovered and evaluated. The combined studies by researchers of geology, soils, and buried deposits are beginning to generate well-dated records of prehistoric peoples in this area for some 12,000 years. The 1,165 archaeological sites recorded for Region #4 are principal sources of information for nearly 12,000 years of people living in South Central Oklahoma.

The 883 sites recorded in Region #1 counties west and north of Quartz Mountain park all contain important evidence for 11,000 years of human habitation on the Southern Plains.

Quartz Mountain State Park lies in the southern area of these two regions.

## Wildlife

The wildlife in Quartz Mountain State Park is the result of a "buffer zone" between the eastern and western United States. This creates great diversities of habitats within the park—species from both regions may be found.

Mammals found in the Quartz Mountain area include: bobcat, the eastern cottontail rabbit, desert cottontail, raccoon, jackrabbit, deer mouse, ground squirrel, coyote, and beaver.

There are many amphibians and reptiles in this area due to the abundance of water. The eastern bullfrog and the narrow-mouthed salamander are always found near water. On the other side of the mountain where it is dry and rocky, the spade foot toad, red-spotted toad, and the collared lizard can be found. In the central region, one can find the great plains toad, ring-neck snake, king snake, bull snake, and rattlesnake.

## Birds

White pelicans and Canadian geese migrate through Quartz Mountain in the spring and fall. Bald eagles winter at Quartz Mountain. The lakes and streams draw ducks and cranes. The red-tailed hawk and the great horned owl live in the mountains and grasslands. In the summer time, one can find the Eastern black-chinned hummingbird, various species of woodpecker, bluebird, flickers, and wren.

The prairie falcon can be found in southwestern Oklahoma, but is rarely seen at Quartz Mountain. The federally listed bald eagle can be easily seen at Quartz Mountain in the winter.

## Vegetation

The grassland at Quartz Mountain is associated with the mixed-grass plains district. The grassland is restricted to the valley floors and flat summits. The lower and more moist parts of the valley floor have a dense growth of tall grasses and herbs characteristic of the Cherokee Prairie biotic district. On drier unprotected hilltops, grasses are short and sparse with clumps of Prickly-pear and Yucca (characteristic of the shortgrass prairie).

Forests include post oak, cottonwood, western soapberry, hackberry, American elm, woody buckthorn, white ash, and several others.

Scrub oak forests (live oak and post oak) occupy the dry lower granite hills and south-facing slopes of the higher mountains. These forests are the most extensive in Quartz Mountain State Park. The north-facing slopes have occasional patches of dense vegetation. The highest peaks are usually treeless with occasional scrub juniper and stunted oak.

The most notable flowers are gaillardia (Indian Blanket), coreopsis, prairie larkspur, rare long haired phlox, sunflower, spider wort, poppy mallow, and several kinds of milkweed. Sumac, mesquite, black willow, and honeysuckle are several of the native shrubs. There are also green-briar and moonseed vines.

## Rare Natural Features

Due to Quartz Mountain State Park's location in a region of high diversity and physiographic contrast, the area is particularly suited for the occurrence of rare or endangered species. A number of species are essentially trapped in the Wichita Mountain Region because the surrounding Redbed Plains do not provide the necessary habitat for survival. Such species restricted in distribution to a relatively small, but distinctive region are termed "endemic." Endemic plants and wildlife occur at Quartz Mountain in most groups—birds, amphibians, and mammals. At this point, there have not been any reported sightings of rare or endangered reptiles.

The definitions utilized are as follows.

**Endangered** – Any species or subspecies occurring in Oklahoma threatened with extinction through the destruction, drastic modification, or severe curtailment of its habitat, or its over-utilization for commercial or sporting purposes, or the effect on it of disease or predation, or other natural or man-made factors affecting its continued existence. Continued survival of this species is unlikely without implementation of special protective measures.

**Rare – 1** – A rare species or subspecies that, although not presently threatened with extinction, is in such small numbers that it may be endangered if its environment worsens.

**Rare – 2** – A species or subspecies that may be quite abundant where it does occur but is known only in a few localities or in a restricted habitat within Oklahoma.

The rare birds of the region on the tentative state list include the Prairie Falcon (Endangered), and the Golden Eagle (Rare-1). The Prairie Falcon's habitat requires open mountains, as well as dry prairies or plains that can be seen at Quartz Mountain year round. The Golden and the Federally listed Bald Eagle only winter at Quartz Mountain and usually are found near the lake. Eagles can be seen circling overhead from November to March.

The only known rare amphibian at the park is the Green Toad (Rare-2). The Green Toad is limited to the Wichita Mountain Region because it requires higher elevations – usually above 2,500 feet. It is principally a resident of sub-humid valleys, short grass prairies, and desert flats, and is seldom seen except after heavy rains.

The rarest mammal documented in the region is the Mountain Lion (Endangered). Two sets of plaster cast footprints were made in separate locations in the Wichita Mountains during the winter of 1982. There are also reports of earlier Mountain Lion sightings the park region.

Endemic plant life occurrences include the Wichita Mountain Barrell Cactus (Rare – 1). The Barrell Cactus, although locally common in the area, is endemic to the mountain region. It is found in the park near granite outcrops where soils are thin. Two other rare plants include the Waterfalls Phlox (under review, U.S. Department of Interior, U.S. Fish and Wildlife Service) and the Western Live Oak (Rare-2).

The Oklahoma Natural Heritage Program is striving to protect rare and endangered species by designating vulnerable areas as natural areas to be preserved.