

2018 OSAI Dance Supply List

All OSAI Students

- Please refer to page 10 of the Student Handbook for a list of general items each OSAI student should bring.
 - Personal computers (including tablets) are *NOT* allowed at OSAI. For classes that require computers, OAI will provide them for you. We also suggest that you leave other valuable electronics at home.
 - For the donor thank-you note writing session (required as part of your scholarship):
 - **STAMPS** – You will need **at least seven** 50¢ or “Forever” stamps. Please note that some stationery will require additional postage if it does not use a standard-sized envelope.
 - **STATIONERY or NOTE CARDS** – Bring at least ten. No lined notebook paper, please!
 - **ENVELOPES** – Bring at least ten. Use envelopes that match your stationery, if possible.
 - **RETURN ADDRESS LABELS (optional)** – You will be asked to write **your** return address on the envelope.
 - **TEMPLATE LETTER (recommended)** – To ensure that you are prepared to complete your thank-you notes in the allotted time at Quartz Mountain, we highly recommend you begin drafting a template letter at home.
-

Dance Students

- 1) Journal or notebook
- 2) Book: *Technical Manual and Dictionary of Classical Ballet* by Gail Grant Tennis ball (available on [Amazon](#)) – **Please begin to familiarize yourself with the terminology.**
- 3) Writing assignment – **Please bring this with you to your first class session on June 9:**
 - Name three dance companies with which you would like to dance.
 - Write 1-2 lines about two areas of your ballet technique you would like to strengthen during OSAI.
 - Write 1-2 lines about a dancer you admire in ballet, contemporary, musical theatre, jazz, or video.
- 4) Attire and appearance:
 - Students are expected to wear proper dance attire during classes at OSAI. Hair should be in a bun or French twist and should be secured so that it does not fall out or need to be fixed during class. Bring adequate numbers of rehearsal clothing for two weeks of class. No

torn up tights, garments, booty shorts, baggy sweats, dirty shoes, unkempt hair, jewelry (small earrings ok), or gum chewing will be allowed. *Please note: Laundry facilities are not available at Quartz Mountain; please refer to page 9 of the Student Handbook for more information.*

- **Females:**

- Transition tights for rehearsals
- Pink ballet slippers with elastic attached
- For dancers en pointe: Serviceable pointe shoes with ribbons and elastic attached
- Ballet performance attire:
 - Light pink tights
 - Black camisole leotard
 - Black chiffon wrap skirt
 - Small rhinestone earrings
 - Rhinestone hair comb *if you already own one* (otherwise, a hair accessory will be provided for you)
 - Theatricals brand adult tank cotton dance leotard in PINK – Style #DTH5512 (available on [Discount Dance](#))
 - Nude/black bra to wear under pink leotard
- Modern dance performance attire:
 - Active wear / street clothes – Bring an outfit that is comfortable and moveable, but less like dance attire and more like clothes you would wear on the weekend.
 - No booty shorts
 - No stripes, polka dots, or animal prints

- **Males:**

- Dance belt
- Transition tights for rehearsals
- Ballet performance attire:
 - White t-shirt
 - Black tights
 - White socks
 - White ballet slippers
- Modern dance performance attire:
 - Active wear / street clothes – Bring an outfit that is comfortable and moveable, but less like dance attire and more like clothes you would wear on the weekend.

- No booty shorts
- No stripes, polka dots, or animal prints
- Male dancers will wear a dance belt under performance attire.

5) **OPTIONAL** – The following items have been recommended by OSAI dance alums:

- Kneepads
- Foot “undies”
- Epsom salt
- Extra towels
- Antiseptic cream/gel
- Bin/tub for soaking feet
- Athletic tape, bandages, and/or surgical tape
- Yoga mat, if you already own one (otherwise, one will be provided for you)